



# Introducing a free online support tool for Buck's parents

### FREE FOR PARENTS FROM 1 DECEMBER

To provide early help and guidance and an online community of support, Buckinghamshire Council have partnered with specialist local charity Autism Early Support, to offer parents unlimited access to The Parent's Portal.

This is a self-guided learning tool, designed for parents of children aged 2-17 years who:

- Have noticed differences in their child and they're exploring neurodivergence
- Have Googled, 'Is my child autistic?, or what is ADHD?'
- Have an autistic child(ren)
- Are awaiting a Neurodevelopmental assessment



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# **Using the Parent's Portal**

The Parent's Portal by AES is an online resource it contains

#### Resources to watch and read:

A multi media library of information available to view and download, available 24/7

## Live Workshops and parent support groups:

Interactive sessions on the key topics, bookable in advance **Discussion forums**:

Exchange ideas and perspectives with parents and practitioners

Information broken down into four sections.

- Understanding my child
- Supporting my child with education
- Supporting my child at home
- Family relationships and sibling support

There is no referral required for families make use of the Parent's Portal.

Registration is straightforward with Autism Early Support.



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